

I.A. Consumer Demographics

Last Name, First Name, Middle Initial:

| | | | | | |
|------------------------------------|--|---|--|---------------------------------------|--------------------------------|
| Gender: | <input type="checkbox"/> Male | <input type="checkbox"/> Female | Birth Date: | / / | Age: |
| Soc. Sec. Number (last 4 digits): | XXX - XX - ____ | Are you Hispanic or Latino? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | What is your race? |
| What is your monthly income range? | <input type="checkbox"/> \$ 907 or less <input type="checkbox"/> \$ 908 to \$1,134 <input type="checkbox"/> \$1,135 to \$1,678 <input type="checkbox"/> \$1,679 or more | What is you and your spouse's monthly married income range? | <input type="checkbox"/> \$1,225 or less <input type="checkbox"/> \$1,226 to \$1,532 <input type="checkbox"/> \$1,533 to \$2,267 <input type="checkbox"/> \$2,268 or more | | |
| Marital Status: | <input type="checkbox"/> Married | <input type="checkbox"/> Single | <input type="checkbox"/> Divorced | <input type="checkbox"/> Widowed | <input type="checkbox"/> Other |
| Employment: | <input type="checkbox"/> Full-time | <input type="checkbox"/> Part time | <input type="checkbox"/> Temporary jobs | <input type="checkbox"/> Not employed | |
| Are you willing to volunteer? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Currently volunteering | <input type="checkbox"/> Don't know | |
| Are you a veteran? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | What is your primary language? | | |
| Do you have vision problems? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Do you wear eye glasses? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Do you have hearing problems? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Do you use a hearing aid? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

I. B. Address

| | |
|-----------------------------------|---|
| Residential Street Address | |
| Residential City or Town | State, Residential Zip Code |
| County of Residence | Telephone Number (including area code): |
| Mailing Address - Street/P.O. Box | |
| Mailing City or Town | State, Mailing Zip Code |

I.C. Living Situation Information

| | | | | |
|---|-------------------------------------|---|--|--|
| What is your living arrangement? | <input type="checkbox"/> Live Alone | <input type="checkbox"/> Live with spouse/partner | <input type="checkbox"/> Live with extended family | <input type="checkbox"/> Live with non-relatives |
| Where do you live? | <input type="checkbox"/> Own home | <input type="checkbox"/> Rent home/apartment/room | <input type="checkbox"/> Family member's residence | <input type="checkbox"/> Long-term care facility |
| | <input type="checkbox"/> Homeless | <input type="checkbox"/> Other | | |
| What is the name of your spouse (optional if applicable)? | | | | |

I.D. Consumer Contacts

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|---|
| Name of friend or relative (other than spouse/partner) to contact in case of an emergency: |
| Relationship to emergency contact (other than spouse/partner): |
| Telephone number (including area code) of friend or relative to contact in case of an emergency: |
| Name of your primary care physician: |
| Telephone number (including area code) of your primary care physician: |

I have been informed of the policies regarding voluntary contributions, complaint procedures and appeal rights.

Signature _____ Date _____

| II.A. Nutrition Checklist (If answer "yes," circle the score. Add the scores to determine your total nutritional score.) | | | Yes | No | Yes Score |
|--|------------|-----------|--|------------|------------------|
| I have an illness or condition that made me change the kind and/or amount of food I eat. | | | | | 2 |
| I eat fewer than 2 meals per day. | | | | | 3 |
| I eat few fruits or vegetables or milk products. | | | | | 2 |
| I have 3 or more drinks of beer, liquor, or wine almost every day. | | | | | 2 |
| I have tooth or mouth problems that make it hard for me to eat. | | | | | 2 |
| I don't always have enough money to buy the food I need. | | | | | 4 |
| I eat alone most of the time. | | | | | 1 |
| I take 3 or more different prescribed or over the counter drugs a day. | | | | | 1 |
| Without wanting to, I have lost or gained 10 pounds in the last 6 months. | | | | | 2 |
| I am not always physically able to shop, cook and/or feed myself. | | | | | 2 |
| What is the consumer's nutritional risk score? (0-2 = No Risk 3-5 = Moderate Risk 6 or more = High Risk) | | | Total 'Yes' Score: _____ | | |
| III.A. ADLs (Activities of Daily Living) | Yes | No | III.B. IADLs (Instrumental Activities of Daily Living) | Yes | No |
| I can eat without help. | | | I can manage money without help. | | |
| I can dress myself without help. | | | I can take care of shopping without help. | | |
| I can bathe myself without help. | | | I can take my medication without help. | | |
| I can use the toilet without help. | | | I can prepare meals without help. | | |
| I can get in and out of bed/chairs without help. | | | I can do ordinary housework without help. | | |
| I can get around inside my home without help. | | | I can use the telephone without help. | | |
| | | | I can use transportation without help. | | |
| | | | Are you currently receiving assistance with ADLs or IADLs from anyone? | | |
| | | | From whom are you receiving assistance with ADLs and or IADLs? | | |
| What is the consumer's ADL count? Total 'No' Score: _____ | | | What is the consumer's IADL count? Total 'No' Score: _____ | | |
| III.C. Other Eligibility Criteria - For assessor's use only | | | | Yes | No |
| Does the consumer require Home Health Aide based on orders from a physician? | | | | | |
| Does the consumer reside in a rural area (to justify home delivered meals)? | | | | | |
| Can the consumer perform chore activities without help? | | | | | |
| Is the consumer homebound? | | | | | |
| Is the consumer homebound because he/she lives in a remote geographic location? | | | | | |
| Reason consumer is homebound (other than graphic location): | | | | | |
| Comment on the consumer's inability to perform chore services: | | | | | |
| Describe how to get to the consumer's home: | | | | | |
| Consumer's current level of cognitive functioning: <input type="checkbox"/> Alert/oriented <input type="checkbox"/> Requires assistance in routine situations due to lack of cognitive functioning | | | | | |